

Southport After School Enrichment Spring 2020 Class Descriptions

Cheerleading- TUESDAYS (gr 2-8): Learn all of the fundamentals of cheerleading. Cheers, Motions, Dance, Jumps, Kicks, and Voice Projection.

Computer Club - FRIDAYS (gr 1-8): Students will practice proper typing. They will have access to age appropriate programs such as, Reflex, Prodigy, Lexia, Google Doc, etc.

Computer Science - MONDAYS (gr 1-8): Students will have an opportunity to use age appropriate programs to learn Computer Science. Most coding will be block, but advanced coders will be encouraged to use JavaScript, CSS, and HTML.

Dance Choreography *New*** THURSDAYS (gr 4-8):** Students will learn the fundamentals of choreography working in groups to create their own dances using modern dance styles.

Intro to Environmental Science * New*** TUESDAYS (gr K-2) Session 1:** Students will investigate their environment. They will learn how the earth works and what are some common environmental issues and how they can work to improve their environment.

Intro to STEM (3-5 grade TUESDAYS) (1-2 grade THURSDAYS): An introduction to STEM (Science, Technology, Engineering and Math) through hands-on exploration.

Martial Arts-THURSDAYS (gr K-8): Through martial arts students gain increased confidence and focus as well as discipline. See www.atasouthport.com

11:45-12:45 Mini Day *New*** YMCA Bootcamp for Kids Sessions 1 and 2 (gr TK-K):** This bootcamp-style class is designed specifically for kids! Combines all aspects of fitness into a fast-paced, total body workout. Games included! **10% discount if child is in YMCA afterschool program. Use code YK1BC10 for session 1 and YK2BC10 for session 2.**

12:45-1:15 Mini Day *New*** YMCA TK/Kinder Nutrition Education Bridge Sessions 1 and 2 (gr TK-K):** This 30 min class follows bootcamp and is a perfect class to introduce little ones to healthy foods. It will also extend the day to coincide with the older kids mini day. **10% discount if child is in YMCA afterschool program. Use code YNUT10 for session 1 and Y2NUT10 for session 2.**

11:45-12:45 Mini Day Spanish 1- MINI WEDNESDAYS (gr TK/K): This language program is geared toward the younger child and focuses on language exposure and vocabulary through fun songs and games. This class may be a good prerequisite for the Spanish 1.

12:45-1:15 Mini Spanish Aftercare add on (TK/K): This option is for students who need extra care in order to attend another class or to simplify pick up options for with an older sibling.

Mini Day *New*** YMCA Bootcamp for Kids Sessions 1 and 2 (gr 1-8):** This bootcamp-style class is designed specifically for kids! Combines all aspects of fitness into a fast-paced, total body workout. Games included! **10% discount if child is in YMCA after school program. Use code YBCS1 for session 1 and code YBCS2 for session 2.**

Mini Day SHOOT FOR THE STARS- MINI WEDNESDAYS (gr TK-8): Homework help, reading, math games, binder organizing. This Class will bridge from mini after school classes to 3:45.

Mini Day Art- MINI WEDNESDAYS (gr 2-8): The Crocker Art Museum will work with students on their creativity through different mediums of art.

Mini Day Garden Club- MINI WEDNESDAYS (gr K-8): Students will explore themes related to conservation as well as participate and work in the school garden.

Mini Day Golf/Tennis- MINI WEDNESDAYS (gr K-8): 2 separate sessions. Both Sessions Taught by TGA Premier Golf and Tennis. Developed by TGA's education experts and PGA and LPGA, USTA golf and tennis professionals **1st session = Tennis:**. Focus on instilling a passion for golf, developing skills, having fun, and building confidence. **2nd session = Golf:** Focus on instilling a passion for tennis, developing skills, having fun and building confidence.

Photography Session 1 and 2 See schedule for session dates - MONDAYS (gr 4-8): Students will learn the basics of digital photography composition and design elements, and editing.

Spanish 1(gr 1-3) includes mini day and Spanish 2 (gr 3-8 or previous Spanish 1): This program is an afterschool language enrichment program that will follow an immersion curriculum created by El Sombrero Time. The program supports all areas of Spanish language development. THE PROGRAM IS NOT INTENDED FOR STUDENTS WHO SPEAK SPANISH AT HOME.

STEM Academy- FRIDAYS (gr 5-8): Taught by Square Root Academy (<https://www.squarerootacademy.com>)

Expose scholars to the fundamentals of STEM. Promote academic empowerment by bridging the gap between STEM related concepts learned in the classroom and real world applications.

Yoga-FRIDAYS (gr 1-4. K with teacher approval): Breathing and movement techniques to calm, energize, and balance the nervous system.

UC DAVIS Cooking Class: 5th and 6th grade only. 8 weeks of class starting in winter semester. There is currently a waitlist. Open spots will be announced via flyer from Mrs. Flint.

Questions? Contact southportptok8@gmail.com or Laura 916-947-9041/Jaclyn 916-893-5294/Ruth 916.838.1993 >>>>Turn over for schedules, times, fees and registration

<https://popsicle.app/parents/SouthportPTO>